Demonstrating Confidence

Template

Please read the scenario and then respond to the three questions below:

Scenario

You have been invited to join ‘Project Albatross’ which consists of a multi-functional team developing Microsoft’s next hackathon on the topic of ‘Sustainability’. Your manager nominated you as they know you have an interest in the topic and feel it is a good opportunity for you to build your profile in the company. You have not been involved in a hackathon before and are excited, although a little daunted, about the prospect. The kick-off meeting for the project is three days away and will be held face-to-face. The meeting is being led by Fergus Smith the Project Sponsor. Also attending are Erica Wu (Program Manager), Anita Wang (Software Engineer), Eugene Feng (Cloud Solutions Architect) and Sharon Ying (Premier Field Engineer). You believe most of the project team were involved in managing last year’s hackathon. The purpose of the kick-off meeting is to meet everyone on the project team, review what worked well last year, identify what didn’t work well and what needs to change, brainstorm ideas and then allocate responsibilities.

What three things can you do BEFORE the meeting to build your confidence and credibility?

1. This is one thing which I do before doing any task, look into the mirror and tell yourself that you are one of a kind!
2. Everyone knows that music is having the power to make to feel like a king also or to feel depressed too. Thus, listen to inspiring songs that builds your confidence. Eg: I prefer to listen “Remember my Name” or “Hall of Fame”, these songs boost my confidence.
3. Increasing your knowledge on the topic before the meeting definitely increases your confidence while you are in a meeting.

What three things can you do DURING the meeting to build your confidence and credibility?

1. Asking questions definitely increases your confidence. Just ask anything! But if you are feeling low, don’t let the meeting end without your viewpoint. Asking questions gives you
2. Look towards people which give you confidence. There are some people around you who give you sense of confidence and happiness. Look at them!
3. Drink water! Just take a sip from the glass and drink water if you are feeling any kind of pressure.

What three things can you do AFTER the meeting to build your confidence and credibility?

1. Smile! There is nothing more than this what can give you confidence. Smiling is the key to happiness.
2. Just revise everything what happened during the meeting. You will understand the complete discussion and this will make you more confident for the next meeting.
3. Trumpet your own success. Let everyone know when you get a win, no matter how much small.